

# Caregivers of Patients with Brain Tumors – Assistance checklist for family and friends

## Transportation

- Drive patient/caregiver to hospital or clinic for treatment or appointments
- Transportation for other family members (children, adults, etc.)

## Household

- Prepare and deliver a meal (in a disposable container)
- Shop for groceries
- Home care: yard/garden, snow/ice removal, small home repairs
- Shop for holidays/wrap gifts
- Walking dog/other pet care
- Plant care
- Laundry
- House cleaning
- Pick up/drop off dry cleaning
- Pharmacy pickups

## Communication

- Inform family and friends about patient status
- Request specific help from support network
- Set up a website to keep family and friends informed

## Organization

- Sort through mail
- Schedule medical/non-medical appointments
- Enter appointments and reminders on calendar so the caregiver is reminded electronically
- Organize insurance/medical paperwork
- Plan/organize children's school and activities schedules
- Offer to call through a list of potential resources, narrowing down those that can really help



## Child Care

- Take children on an outing to make them, too, feel special
- Coordinate playdates with child's friends
- Pick up/drop off to/from school and activities
- Stay with child while parent is at hospital
- Help children with homework, sports practice, music practice, etc.

## Patient Support

- Spend time with patient so caregiver(s) can run errands or relax. Plan to read, watch a movie, or help with a hobby
- Help the patient remain current – discuss the news, upcoming holidays, the children's activities, seasonal changes
- Pamper the patient with a foot or hand massage
- Drop off a small bouquet of flowers that can be enjoyed by the patient and caregiver alike

## Additional Needs

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