

Primary Brain Tumors

QUESTIONS TO ASK YOUR DOCTOR

Diagnosis

- What can you tell me about my brain tumor type?
- o Is my tumor non-malignant (benign) or malignant (cancerous)?
- o How do you expect my brain tumor to progress?
- O What is my prognosis with and without treatment?
- o How likely is recurrence?

Treatment

- o What are my treatment options? What are the goals of treatment?
- o What are the risks and benefits of the recommended treatment?
- o Can treatment wait?
- o How long do I have to make decisions about my course of treatment?
- Are alternative treatment options available?
- How do you determine if the treatment is effective? What follow-up tests do you recommend?
- O What are the common side effects associated with the recommended treatment?
- o What are the potential long-term effects of each treatment?

Surgery

- Where is the tumor located and what is its size?
- o Is my tumor operable?
- What are the risks of surgery? Could surgery impact my memory, my ability to think, my movement or speech?
- How can I ensure enough of the tumor is removed so that I have the option to get molecular testing?

Diagnostic Testing

- o What happens after surgery?
- o Does the hospital/medical center offer molecular testing?
- o When is the optimal time to have molecular testing?
- If your hospital/medical center does not provide molecular testing, where do you refer patients who request this testing?



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Clinical Trials

- o Are clinical trials a treatment option?
- o Are any clinical trails available now? When would I be eligible to participate?
- o Where can I find information about clinical trials?
- o What are the potential risks and benefits of participating in a clinical trial?

Your Healthcare Team

- How many brain tumor patients with my tumor type do you treat annually?
- What other specialists will be part of my healthcare team? (e.g. neuro-oncologist, neuro-surgeon, radiation oncologist, nurse, nutritionist, etc.)
- o What is the role of each member of my healthcare team?
- o How will members of my healthcare team communicate with you?
- o If I am hospitalized, will you be my doctor?

Support Services

- Where can I get more information about my diagnosis?
- What support services are available to me and my family and/or caregiver?
- o How do I talk to my employer about my diagnosis?
- o How do I talk to my family and friends about my diagnosis?

Lifestyle

- o Do I need to change my diet?
- o Do I need to make any lifestyle changes?

Selecting Your Healthcare Team

- o Does the healthcare team seem interested in your questions?
- o Does the healthcare team spend enough time with you and address your concerns?
- o Do you feel comfortable with the doctor's recommendations?
- o Is the doctor open to you seeking a second opinion?