

Symptoms and side effects

The symptoms and side effects of brain tumors can be both physical and psychological. Tracking these symptoms can help the patient’s physician manage and relieve them for a better quality of life.

Symptoms to look for:

Physical symptoms

- Nausea
- Vomiting
- Diarrhea
- Bowel movements
- Fatigue
- Sleeplessness
- Headache
- Pain

- Seizures
- Sensory loss/tingling or numbness
- Motor loss or weakness
- Evidence of DVT*
- Hearing and/or vision loss

Neurobehavioral symptoms

- Emotional/personality changes
- Memory/learning issues
- Attention/concentration
- Executive functioning (judgment/rationality)

Date	Symptom	How often in last 24 hours?	Severity (if applicable, on a scale of 0-10)	Treatment/Management (if any)	Notes/Description

*Deep venous thrombosis (DVT) describes the condition where a blood clot forms in the body. Signs to look for include swelling, tenderness and pain in the leg or arm, one leg or arm appears larger than the other one, and skin on the leg or arm turns red. It is highly treatable with a timely diagnosis. If DVT is suspected, call the patient’s doctor or visit the emergency room right away.

